



**Pricing**



**Fascial Stretch Therapy (FST)**

Single Session	4 Session Package	8 Session Package	12 Session Package
\$120	<del>\$480</del> \$435	<del>\$960</del> \$820	<del>\$1440</del> \$1,200

**Performance & Personal Training (Private Session)**

Single Session	6 Session Package	12 Session Package	18 Session Package
\$120	<del>\$720</del> \$620	<del>\$1440</del> \$1,200	<del>\$2160</del> \$1800

**Performance & Personal Training (Group of 2 to 6 PRICES APPLY TO EACH INDIVIDUAL )**

	Single Session	6 Session Package	12 Session Package	18 Session Package
Group of 2	\$60	<del>\$360</del> \$310	<del>\$720</del> \$620	<del>\$1080</del> \$900
Group of 3	\$40	<del>\$240</del> \$205	<del>\$480</del> \$400	<del>\$720</del> \$600
Group of 4, 5	30, 25	N/A	N/A	N/A

Larger groups or teams please call or e-mail about pricing

- \* **Payment plans available, please ask us**
- \* **Please fill out whichever applies Training, FST, Athletic Therapy waiver before first session**
- \* **All packages are non-refundable and valid for 365 days**
- \* **24 hour cancellation policy for all booked services in event of no show full price will be charged**

**Sports Medicine - Athletic Training**

Evaluation/Examination Chronic Injury (pain, weakness, inability lasting more than 6 weeks)		\$60
Evaluation/Examination Acute Injury (new or recent)		\$50
Rehabilitation/Treatment	per 30 min session	\$40
Manual Therapy	per 15 min.	\$35
Neuro-Muscular Restoration	per 15 min.	\$35
Gait Training	per 15 min.	\$35
Home Exercise Program		\$40
Health and Well-being	per 30 min. session	\$50
Emergency Musculoskeletal Injury Evaluation		\$125